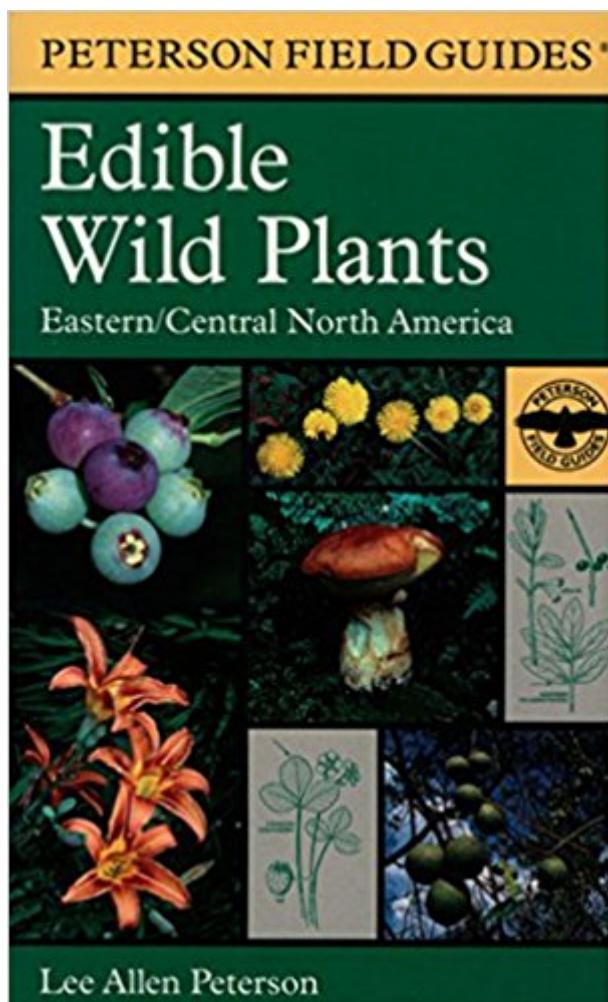


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# Edible Wild Plants: Eastern/Central North America (Peterson Field Guides)



## Synopsis

More than 370 edible wild plants, plus 37 poisonous lookalikes, are described here, with 400 drawings and 78 color photographs showing precisely how to recognize each species. Also included are habitat descriptions, lists of plants by season, and preparation instructions for 22 different food uses. Â

## Book Information

Series: Peterson Field Guides

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## Customer Reviews

Roger Tory Peterson, one of the world's greatest naturalists, received every major award for ornithology, natural science, and conservation as well as numerous honorary degrees, medals, and citations, including the Presidential Medal of Freedom. The Peterson Identification System has been called the greatest invention since binoculars. These editions include updated material by Michael O'Brien, Paul Lehman, Bill Thompson III, Michael DiGiorgio, Larry Rosche, and Jeffrey A.

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I ordered this book as well as Edible Wild Plants by Thomas S. Elias & Peter A. Dykeman. This book relies on drawings and has very few color photos whereas the book by Elias and Dykeman is

all color photos and a much easier to use and higher quality guide.

Tom Brown, Jr. recommends Peterson Guides for just about any kind of detailed flora/fauna information about the American northwest. This book arrived quickly and in perfect condition. It's easy to read, well-organized, and contains copious amounts of information. The sketches are excellent, and there are color photos in the middle of the book. The only thing that could make this book better would be full-color photos of every plant and plasticized, waterproof pages. I think that last might be asking too much, but I'd drop \$50 for that if it were available. This book is compact, and will fit in the outside pocket of a medium ALICE pack and leave room for another book or two of the same dimensions. Measures 7.25" x 4.5" x 0.75" if you need that information.

Great little book, so many edible plants I did not know about. Tells about some edible weeds that I have growing in my yard. Should be handy to bring while traveling in the eastern and Central US, in case you get lost and need a food source.

Excellent. Peterson's has a well-earned reputation and maintains it with this field guide. While there are a lot of color photos, the preponderance of graphics are sketches. Strongly recommend anyone interested in learning about foraging for wild edibles to start slow, be sure and build your skills through time. The book can help you get there but you'll have to do the walking.

When this came in the mail, my elderly mother-in-law, who is an avid reader, commented, "I bet you're the only one on earth who has bought that book!" LOL I am an outdoor enthusiast, and this book makes it easy to identify wild plants which are safe to nibble on, as well as those "look- alikes" that could turn out to be deadly. If you have an itch to go foraging for wild foods, and don't want a REAL itch, this book is a good one to have in hand!

Very useful book. I am a Survival Specialist and I LOVE these books. Every time I move or travel to a new location I buy the book that is associated with the area I am in. The pictures and descriptions are great and very informative. I also enjoy how the book described all the different uses, from medicinal to using the plant as a food source. A preppers best friend

Good book. Wish it was written for more of a novice such as me but it does give the information I wanted. Was looking for the book to be a survival guide for an emergency or scouting, some parts

were confusing but it did the job somewhat. Book would have been better if not written at an intermediate level.

This is an excellent field guide for collecting edibles and avoiding things that could make your day(s) miserable! Nothing worse than throwing something in the stew pot that does NOT belong in there! KNOW before you throw.... Great pictures to help you identify what you should and should NOT pick, especially where there are look-alikes that could cause problems. Handy size, ready for your next "field" excercise!

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